



## Senior Style Rugby Posts

CODE: RE003

(Note - Intermediate size shown in picture)



ASSEMBLY GUIDELINES – please read fully before attempting assembly.

### Component identification:

first identify the parts for the pair of goals and then layout the parts in their correct positions.

4 x ground sockets

4 x main posts @ nom 6.5m long with fixing hole at the top plus spigots welded on one side

4 x post extensions @ nom 2.75m long with plastic cap in top

2 x crossbars @ nom 5.6m long

Fixing bolts

### Assembly overview:

With the goals laid out on the ground, fit the crossbar to the posts & temporarily install the fixing bolts. Ensure that the posts are aligned correctly as this now gives the correct position of the ground sockets so they can be installed.

The sockets must be concreted into the ground following good trade practice and with the footing size adjusted to suit the ground conditions. Typically, these footings should be 450mm – 600mm diameter x 1500mm deep.

Due to the size and weight of these posts and giving due consideration to appropriate Health & Safety practices, it is normal that a Hiab style crane is used for safe installation.

Fit each top extension post into its respective main post noting the coloured marking from their trial fitment, then secure in place with the fixing provided.

Lift each post and stand it into a ground socket with the spigots on the posts aligned towards each other.

Lift the crossbar and slide each end over the spigot on the post & secure with a fixing provided – insert the bolt from the front of the goal so that the locknut is at the rear. There is sufficient movement in the posts to spread them and allow the crossbar to be fitted.

Check that all fixings are secure & then repeat the process for the second goal.

Please note: We have found that people tend to assemble and erect these goals in a way that best suits them taking into account what assistance & equipment they have available.

If suitable lifting equipment is available, it is possible to fully assemble each goal on the ground and then lift it complete with the crossbar installed. To ensure a more stable lift & to avoid damage to the crossbars, lifting strops should be positioned where the crossbar joins each post.